



Funny Women

STAND UP TO STAND OUT – IN BUSINESS

We help people to find their voice and to use humour effectively in every area of their lives. Comedy is more than entertainment – it is a brilliant communication tool that helps to make you and your business memorable, improves diversity and empowers everybody in your workplace.



WE ALL NEED A BIT OF SHOWBIZ IN OUR LIVES...

Men and women often have different approaches to business. We're taking on the stereotypes and using humour to break through the glass ceiling. Whenever we challenge men to take another look at the role of women in the workplace, they come away from our approach with new insights and respect for their female colleagues.

More than 3,000 women have given humour a go with us (and plenty of men too!) so with our experience gained from more than a decade in the world of comedy, we'll show you how laughter can be a valuable addition to your workplace.

WORKSHOPS & TRAINING

Our Funny Women business workshops and training courses show you the techniques to help perfect your presentations and make your speeches more personal and compelling.

The workshops have been featured in national media including [Sunday Times](#), [The Guardian](#) and [The Scotsman](#).

Taking the key principles of stand-up, we work with you to develop great material with confidence and humour. We'll also give handy pointers on overcoming nerves and boosting your self-confidence. Workshops can make a great team-building exercise - without anyone needing to get muddy or put on a helmet!

If you're nervous about speaking in public or want to polish those presentations with a bit of humour, we also offer one-on-one coaching and in-house training for smaller groups.



PLAY HARD TO WORK HARD

We regularly work as a team of experienced improvisers and female comics, performing at major events such as the Edinburgh Fringe and The WOW Festival on London's South Bank, as well as at comedy clubs across the UK and national comedy tours.

We can curate shows, conferences and tailored entertainment for your company or organisation to match your business goals and objectives. Facilitated by our comedy experts we provide stand up coaching, improvisation games and storytelling to include your corporate branding, messages, songs or anything else you like. We love a challenge so throw us your briefs (or should we say knickers?!)

TAKE A CHALLENGE...

We have been challenging women and men from all walks of life to take the comedy plunge since 2009 as a creative and unusual way of team building and raising money for charity. To celebrate our 10th anniversary in 2012 we challenged 10 high profile and well-connected business women to create and perform original stand-up routines for the first time in their lives to raise money for 10 amazing charities. In 2013 it was the turn of 12 business men who we coached to make mirth and money for some more brilliant causes.

...AND RISE TO IT

If your company or organisation is looking for ways to celebrate a special anniversary, liven up a conference or make your product launch memorable, why not commission our multi-talented team of female comedians, trainers and mentors to turn your top brass into comedians!

We provide a whole challenge package that includes a comedy workshop, one-to-one training for all participants and the production of a comedy evening to showcase the results, either in house or on-board our exclusive central London venue, the RS Hispaniola.

A perfect corporate entertainment Activity that also improves communication, boosts confidence, builds teams and provides the perfect opportunity of raising money for your favourite charity or cause.



TESTIMONIALS



"We briefed Funny Women to deliver a workshop for our women's network focusing on confidence in communication. The soft skills employed were fun and engaging and the opportunity to test the barriers of your comfort zone in a safe creative space are invaluable in business life. Highly recommended."

NICOLA GRANT, HEAD OF MARKETING, UK & IRELAND, MASTERCARD

"In a sea of samey skills training Funny Women offers something different. Inspiring, energising, empowering and fun(ny), I can't recommend them highly enough."



MISA VON TUNZELMAN, LEAD DIRECTOR, MARKETING & COMMUNICATIONS, JLL

"As the grand finale to the Dive In Festival 2016 curated by Lloyds of London, we wanted to celebrate diversity and inclusion with a fun but powerful ending and Funny Women helped us achieve just that with a fringe style comedy show. Many of the issues we tackled in the festival were hard-hitting and out of many people's comfort zone, but through the power of humour we were able to showcase the real benefits of diversity. Funny Women's team were extremely professional and organised in helping Dive In achieving a hugely successful festival finale. I can't wait to work with them again!"



AJAY MISTRY ACMA, PARTNERSHIPS MANAGER, AON

"Benefit has been working with Funny Women for five years delivering comedy content and activity in line with our 'laughter is the best cosmetic' strategy, the main focus being our partnership with the Funny Women Awards. In addition we have engaged their team of performers and facilitators to provide workplace training and support to build confidence and improve communications for our staff."

"Funny Women combines professionalism with humour whether producing an event or running a workshop, which makes our world an even happier place to live and work."



KYRA OATES, HEAD OF PR & EVENTS, BENEFIT COSMETICS UK & IRELAND

"As a team of women working in a predominantly male world, this event has strengthened our relationships, built our confidence and allowed us to be ourselves for 24 hours. A Funny Women workshop is an ideal way to develop yourself, your team and your whole performance."

STEPH OERTON, HEAD OF LEARNING AND DEVELOPMENT, EAST COAST MAIN LINE COMPANY



"Funny Women has facilitated two workshops for Women in Rail as part of the launch of our regional groups. Their brief was to use stand-up comedy techniques to help our members, women from across the rail industry, find ways to overcome lack of self-confidence and develop their networking skills. Over 100 women were challenged out of their comfort zone and, in relaxed and fun sessions, introduced to a world where performance meets business. The feedback has been fantastic - Funny Women delivers what it says on the tin!"

ADELINE GINN, GENERAL COUNSEL AND ANGEL TRAINS AND FOUNDER OF WOMEN IN RAIL

"Lynne Parker's Stand Up to Stand Out workshop encouraged the participants to mingle, further discuss their learning and to acquire additional insights with practical interaction."

MIRANDA ABRAHAM – HEAD OF PERSONAL EXCELLENCE PROGRAMME, WOMEN IN BANKING & FINANCE



"There was a lot of laughter, some great conversations, and much reflection. Everyone came away from the workshop with something, whether it was a new contact, a new story to tell, or a fresh perspective on how to stand up and stand out. It was an experience I'll never forget!"

RUTH SHAW, CHIEF EXECUTIVE, SPORTS GROUNDS SAFETY AUTHORITY & BOARD MEMBER, WOMEN IN FOOTBALL

"We had a real rollercoaster of emotions, many laughs but also time for reflection. One of the participants said: a perfect workshop to share and grow confidence. Laughter was the key to breaking barriers."



DIVINIA HAYES, DEVELOPMENT WORKER, GIRLGUIDING LONDON & SOUTH EAST ENGLAND

"It was really good to have an afternoon away from our day to day jobs to be creative, learn a bit more about ourselves and our colleagues, think about how we communicate and listen, and our own personal styles. It was a great opportunity to work together as a team with colleagues on something creative. Highly recommended."



AMY CARTLIDGE, HEAD OF COMMUNITY AND EVENTS, TARGET OVARIAN CANCER



"It was a great experience I'd recommend to any team – we all left knowing each other much better, buzzing with ideas and big smiles on our faces!"

LOUISE PENMAN, STRATEGIC COMMUNICATIONS OFFICER (SERVICES), MACMILLAN CANCER SUPPORT

"For many women the opportunity to explore and share their experiences through comedy was a real awakening, and things were learnt about one circumstance. It was amazing to see women I never would have believed get on stage, perform to an audience and really enjoy doing so."



CATHERYNN DUNSTAN, CUMBRIAN WOMEN'S GROWTH HUB

ONE-TO-ONE COACHING



"I made my stand-up comedy debut in 2013 by participating in Funny Women Challenge the Men. Lynne and her team made a daunting task less scary through excellent coaching, mentoring and support. I wasn't just left to my own devices, their expert advice made a huge difference. I have recommended Funny Women to coach workplace teams interested in the idea of stand-up and I will continue to do so. Take yourself out of your comfort zone in the most comfortable way possible!"

ANDY LOPATA, NETWORKING GURU & PUBLIC SPEAKER

CONTACT US

To discuss and book any of our Funny Women workplace services and workshops for your company or organisation, please call 020 8948 4444 or email info@funnywomen.com